


















Six Things Every Student Should Know

1. Respect everything and everyone at the school
2. Ask questions every chance you get
3. Arrive 10-15 minutes early to class
4. Wash your training gear after every class
5. Learn from everyone and share with everyone
6. Introduce your friends to Gracie Jiu-Jitsu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Classes	Private Classes	Private Classes	Private Classes	Private Classes	
 Little Champs (6-9 Yrs) 5:00pm-5:45pm		 Little Champs (6-9 Yrs) 4:45pm-5:30pm	 Mat Munchkins (2-5 Yrs) Coming soon!	Private Classes	 Advanced Adults Sparring 10:30am-11:30am
 Jr. Combatives (10+) 5:45pm-6:30pm	 Little Champs (6-9 Yrs) 5:30pm-6:15pm	 Jr. Combatives (10+) 5:30pm-6:15pm	 Little Champs (6-9 Yrs) 5:30pm-6:15pm	Private Classes	
 Advanced Adults 6:30pm-8:00pm	 Beginner Adults 6:15pm-7:15pm	 Advanced Adults Coming Soon!	 Beginner Adults 6:15pm-7:15pm	Private Classes	
 Beginner Adults 8:00pm-9:00pm	 Advanced Adults 7:45pm-9:15pm	 Beginner Adults 7:45pm-8:45pm	 Advanced Adults 7:45pm-9:15pm	Private Classes	